



FabRides & Wines



Outdoor Fab Wines Adventures

Mountain Biking as a journey to discover places, cultures and meet new people. Explore and learn while mountain biking with a British Cycling Mountain Biking guide and WSET level 3 student.



Learn, improve and explore the outdoors with our mountain biking guides. Fab Rides is based in Winchester, Hampshire. We run the following series of Rides:

Local Fab Rides

Local guided rides we run regularly at 1 hour max from Winchester (this includes the Surrey Hills that we love). Sometimes we visit local sparkling wine producer and we do always either visit a pub or do a wine tasting. We do private sessions as well as guided riding groups. Contact us to book a ride when it's best for you or to join the next planned ones. Difficulty: Easy to Intermediate.

UK National Parks

At least once a month we plan a project to discover and explore the great UK Outdoors. Difficulty: Intermediate to Hard.

Apennines and San Giovese

Mountain Biking and Tastings between Tuscany, Emilia Romagna and Marche. Natural Reserves and National Parks overlooking the Adriatic sea and in the internal Apennines Mountains. Some of the most promising Sangiovese wine producers. Difficulty: Easy to Hard.

Dolomites and Prosecco Fab Rides

Outstanding mountain bike trails in the Dolomites and close to the best Prosecco Superiore producers in Valdobbiadene and Cartizze. We will visit small producers winning regularly gold medals at International level. Difficulty: Intermediate to Hard.

Lake Como and Valtellina Nebbiolo Rides

Discover Lake Como Trails, the mountains, the villages and the outstanding Nebbiolo that is consistently winning the best awards in the latest red wines competitions. Difficulty: Intermediate to Hard.

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